



# Chesterfield Caregiver Cafe

Are you a family caregiver? Come meet with community organizations through unique discussions on topics related to caregiving.

Stonebridge Rec  
Center  
230 Karl Linn Dr.

Wednesday,  
November 20  
2024

Join us any  
time between  
4pm-6pm

Experts available for one-on-one conversations on the following topics:

- Medication Management
- Life Planning and Legal Information
- Dementia Basics
- Caregiver Wellness, Counseling & Care Management

Additional resource tables and refreshments will be available

Register using link below or scan QR code:  
<https://forms.gle/x8fJa4WypvEw6db17>



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