



**Adsumus,  
Sancte Spiritus**  
*(at the end of the  
Prayer of the Faithful)*

We stand before You, Holy Spirit,  
as we gather together in Your name.

With You alone to guide us,  
make Yourself at home in our hearts;

Teach us the way we must go  
and how we are to pursue it.

We are weak and sinful;  
do not let us promote disorder.  
Do not let ignorance lead us down the wrong  
path nor partiality influence our actions.

Let us find in You our unity  
so that we may journey together  
to eternal life and not stray from the way  
of truth and what is right.

All this we ask of You,  
who are at work in every place and time,  
in the communion of the Father and the Son,  
forever and ever.  
Amen.

*Every session of the Second Vatican Council began with the prayer "Adsumus Sancte Spiritus." (The first words of the Latin original mean "We stand before You, Holy Spirit.") The prayer has been historically used at Councils, Synods, and other Church gatherings for hundreds of years and is attributed to Saint Isidore of Seville (c. 560 - 4 April 636). As we are called to embrace this synodal path of the Synod 2021-2023, this prayer invites the Holy Spirit to operate within us so that we may be a community and a people of grace.*

***Prayer for Spiritual Communion***

(at the time of Communion)

*My Jesus,  
I believe that you are truly  
present in the Most  
Blessed Sacrament.  
I love You above all things  
and I desire to possess  
You within my soul.  
Since I am unable at this  
moment to receive You  
sacramentally,  
come at least spiritually  
into my heart.  
I embrace You as being  
already there, and unite  
myself wholly to You.  
Never permit me to be  
separated from You.  
Amen.*